

LLIBRE

3



**MÉTODE DE  
TUBA**

**BRASS  
SCHOOL**

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# Escalfament

## 1 Respiració. Exercicis amb *flow ball*.

Respira profundament i relaxadament; tot seguit, bufa a través del *flow ball* i mantén la pilota flotant en sèries de 4, 6 i 8 segons, intentant mantindre la pilota a diferents altures. Repeteix l'exercici almenys cinc vegades.



## 2 Embocadura.

♩ = 60

## 3 Sonoritat.

♩ = 60



4 **Flexibilitat.** Comprova que totes les notes sonen igual en cada una de les posicions d'aquest exercici.

♩ = 60 - 80



5 **Articulació.** Presta atenció al picat i intenta que siga igual en cada nota. Mantín l'aire entre nota i nota per a aconseguir un bon so en l'exercici.

♩ = 60

The exercise consists of six staves of musical notation in bass clef, 4/4 time. The tempo is marked as ♩ = 60. The notation includes various rhythmic patterns such as eighth and sixteenth notes, and rests, designed to practice articulation and breath control. The first staff begins with a quarter rest followed by a series of eighth notes. The second staff continues with eighth notes and includes a quarter rest. The third staff features a mix of eighth and sixteenth notes. The fourth staff has a similar pattern to the second. The fifth staff continues with eighth notes and rests. The sixth staff concludes the exercise with eighth notes and a final quarter rest.





6 Digitació.

♩ = 100 - 120

The image displays seven staves of musical notation for tuba, arranged vertically. Each staff begins with a bass clef and a 4/4 time signature. The notation consists of eighth-note patterns, often grouped with slurs. The first six staves show a sequence of eighth-note runs, with some staves featuring a slur that spans across a bar line. The seventh staff concludes the sequence with a final eighth-note run. The notes are primarily in the lower register of the tuba.



## Lliçó 1

## 1 Tonalitat de do major.

Al principi, practica amb el metrònom a una velocitat que et permeta controlar l'exercici. Augmenta-la progressivament.

Presta atenció al picat i intenta que siga el mateix en totes les notes.

mf

## 2 Serra de Mariola (popular valenciana).

Andante ♩ = 76

mf

1 2

D.C.



TTT

Estudia aquesta cançó més lenta al principi i augmenta la velocitat del metrònom progressivament (per exemple: metrònom = 100, 105, 110, etc.).

3 Els Picapedra (Hoyt Curtin, 1922-2000).

Allegro ♩ = 120



4  Melancolie (Brass School).

Andante ♩ = 76



mf

mp

1.

2. rit.

f





5 Engranatges de paper (Brass School).

Lento ♩ = 60



mf

mf

p

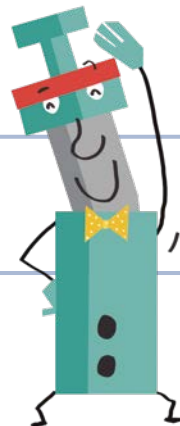
p

mf

mf

# Lliçó 2

No oblidés que has de fer els exercicis d'escalfament de cada unitat abans de tocar les cançons de cada lliçó.



## 1 A rianxeira (tradicional gallega).

Allegro ♩ = 120





2 **Ens n'anem de gira (Brass School).**

Andante ♩ = 76

*mf*

1. 2.

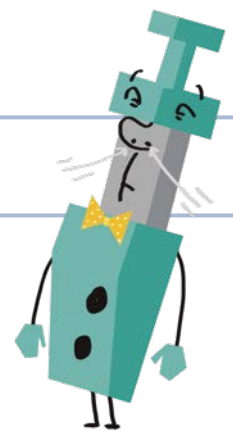
*p*

*f*

V

Three staves of musical notation in bass clef, key of D major, 6/8 time. The first staff has a first and second ending. The second staff starts with a piano (*p*) dynamic. The third staff features a crescendo leading to a forte (*f*) dynamic and includes a breath mark (V).

Anota les respiracions que necessites amb aquest signe: ✓.



3 **Caresse sur l'océan (Bruno Coulais, 1954).**

Andante ♩ = 76

*mf*

*f*

*mf*

*f*

V

V

V

Four staves of musical notation in bass clef, key of B-flat major, with changing time signatures (3/4, 4/4, 3/4, 4/4, 3/4). Dynamics range from mezzo-forte (*mf*) to forte (*f*). Each staff includes a breath mark (V).

4 *Siguem solidaris* (Brass School).

Andante ♩ = 76

*f-p*

1. V 2.

*f*

*rit.*

*p*





5  Canon alla Mahler (Brass School).

Andante ♩ = 76



The musical score is written for tuba in 4/4 time, with a tempo of Andante (♩ = 76). It consists of five systems of two staves each. The key signature has one flat (B-flat). The score includes various dynamics: *p* (piano) in the first system, *mf* (mezzo-forte) in the third system, and *p* in the fifth system. A *rit.* (ritardando) marking is placed above the final system. Vertical lines labeled 'V' indicate the end of phrases. The notation includes eighth and sixteenth notes, often beamed together, and rests.

## Lliçó 3

## 1 Tonalitat de la menor.

mf

2 *Biddy is My Darling* (tradicional irlandesa).Lento  $\text{♩} = 60$ 

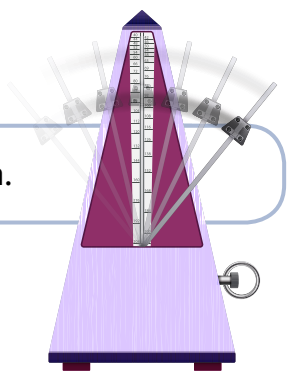
mf

1. 2.





Quan practiques, estudia les lliçons diverses vegades i utilitza el metrònom.




3 Simfonia núm. 8 (Franz Schubert, 1797-1828).

Moderato ♩ = 108



4  Els cavallers de la taula redona (Brass School).

Moderato ♩. = 108



Musical score for tuba in 3/4 time, Moderato (♩. = 108). The score consists of three staves. The first staff begins with a forte (*f*) dynamic and a first ending bracket. The second staff includes piano (*p*) and mezzo-forte (*mf*) dynamics. The third staff features a ritardando (*rit.*) and a final forte (*f*) dynamic. Various articulation marks such as accents and slurs are present throughout the piece.







5  **Marxa dels gambosins (Brass School).**

**Allegro** ♩ = 100 - 120

palmada a l'embocadura (*hand pop*)

*f*  
palmada a l'embocadura (*hand pop*)

*mp*

*f*

palmada a l'embocadura (*hand pop*)

*f*  
palmada a l'embocadura (*hand pop*)

## Lliçó 4

1  Negra ombra (popular gallega).Lento  $\text{♩} = 60$ 


mp

f

mp





La primera nota és la més important i per això ha de sonar especialment bé. Presta-li atenció!

2 La flor de tardor (Brass School).

Lento ♩. = 60



3 Half Hannikin (John Playford, 1623-1686).

Lento ♩. = 60

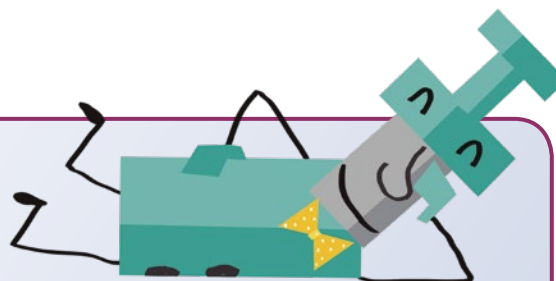
4 Scherzo alla Beethoven (Brass School).

Allegro ♩ = 120

III

Quant has practicat durant cada setmana?

Anota en la casella corresponent a cada dia de la setmana el temps que has practicat amb el teu instrument.



| Dilluns | Dimarts | Dimecres | Dijous | Divendres | Dissabte | Diumenge |
|---------|---------|----------|--------|-----------|----------|----------|
|         |         |          |        |           |          |          |

Minuts d'estudi totals .....

| Dilluns | Dimarts | Dimecres | Dijous | Divendres | Dissabte | Diumenge |
|---------|---------|----------|--------|-----------|----------|----------|
|         |         |          |        |           |          |          |

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|---------|---------|----------|--------|-----------|----------|----------|
|         |         |          |        |           |          |          |

Minuts d'estudi totals .....



5 Capvespre a Montmartre (Brass School).

Lento ♩. = 60



The musical score is written for tuba in bass clef, 9/8 time, and the key of D major (one sharp). It consists of five systems, each with two staves. The dynamics are marked as follows:

- System 1: *mp* (mezzo-piano) in both staves.
- System 2: *mp* in the bottom staff; the top staff has no dynamic marking.
- System 3: *mf* (mezzo-forte) in both staves.
- System 4: *p* (piano) in both staves.
- System 5: *f* (forte) in both staves.